



Juliane Goicoechea, MS, RDN, LDN Nutrition Services

Updated Fee Schedule

Effective July 1, 2022

Initial Consultation: Initial consultations are typically 60 minutes in duration and include a thorough nutritional, medical, lifestyle and psychosocial assessment complete with an individualized plan of care, education and counseling. Sessions will include a review of, or make recommendations for, pertinent labs, food allergy or other specialized testing, supplements and prescriptions. Out-of-pocket sessions are available in person, via phone or video conferencing for convenience. If Initial sessions exceed 60 minutes by preference or need, the cost is pro-rated, accordingly.

Fee: \$225

Follow-Up Consultation: Follow up sessions are 60 minutes in duration and are recommended to discuss and review your plan of care, progress and to address any questions or concerns. If follow-up sessions of shorter duration are preferred, or if the session exceeds 60 minutes, the cost is pro-rated accordingly.

Fee: \$200

New Patient Package: A discounted rate for a group of 4 consults (initial session + 3 follow-ups) within a calendar year. If not completed within a year's time, you may be subject to higher rates.

Fee: \$700 (Save 15% or \$125 – a \$825 value at \$175 per session)

Continued Care Package: A discounted rate for a group of 4 follow-up sessions within a calendar year. If not completed within a year's time, you may be subject to higher rates.

Fee: \$680 (Save 15% or \$120 – a \$800 value at \$170 per session)